

# PMHW VIRTUAL DROP IN



Every Third Wednesday of the  
Month 3:30 - 5:30pm

16th Aug, 20th Sept 18th Oct 15th Nov 20th Dec

Are you concerned about a child or young persons mental health? Join us at a virtual drop-in sessions to speak with one of our Primary Mental Health Workers. You will be seen on a first come, first seen basis.

LOG ON USING THE HYPERLINK

<https://nhs.vc/HLSC/CAMHS>

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LOG IN USING THE DETAILS

Please use the word "Blackpool" as the first name and "dropin" as the second name followed by the child or young person's date of birth

WHAT TO EXPECT?

We will start by introducing ourselves and ask you questions to help us find ways to support you or a young persons mental health. PMHW's have a great knowledge of what services can help with young people's mental health in Blackpool. We will always try to help you understand what is mental health and why you may feel and behave in certain ways. We can link in with School/Colleges if needed to help support you further.

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